



NAME OF SCHOOL: Sandusky Jr/Sr High School

	November 28	November 29	November 30	December 1	December 2
	Create				
	Chicken Parmesan <i>w/ Pasta, Peas and Carrots</i>	Taco w/ <i>Refried Beans, Cheese Sauce, Salsa and Sour Cream</i>	Popcorn Chicken Bowl <i>w/ Corn, Chavy and Dinner Roll</i>	Macaroni and Cheese <i>w/ Green Beans, Broccoli and Dinner Roll</i>	BBQ Pulled Pork <i>w/ Mixed Vegetables, Curly Fries and Warm Apple Slices</i>
	2.Mato				
	Meat Lover's Pizza Cheese Pizza Pepperoni Pizza	Italian Stromboli Cheese Pizza Pepperoni Pizza	Chicken Bacon Ranch Pizza Cheese Pizza Pepperoni Pizza	BBQ Chicken Pizza Cheese Pizza Pepperoni Pizza	Hawaiian Pizza Cheese Pizza Pepperoni Pizza
	Grill'd				
	Cheeseburger w/ Fries Quesadilla w/ Salsa Chicken Patty Sandwich	Bosco's w/ Marinara Sauce Quesadilla w/ Salsa Crispy Chicken Sandwich	Cheeseburger w/ Fries Quesadilla w/ Salsa Crispy Chicken Sandwich	Bosco's w/ Marinara Sauce Quesadilla w/ Salsa Crispy Chicken Sandwich	Fish Sandwich w/ Cheese Quesadilla w/ Salsa Crispy Chicken Sandwich
	So Deli				
	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad This Week Featuring Egg Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad
	On The Go				
	Hummus, Pita, Veggie Cup Peanut Butter & Jelly Fruit Parfait <i>Whole Grain Dinner Rolls</i>	Chicken Salsa Wrap Peanut Butter & Jelly Greek Salad w/ Chicken <i>Whole Grain Dinner Rolls</i>	Santa Fe Turkey and Cheddar Wrap Peanut Butter & Jelly <i>Whole Grain Dinner Rolls</i>	BBQ Chicken Wrap Peanut Butter & Jelly Turkey Chef Salad <i>Whole Grain Dinner Rolls</i>	Turkey & Cheese Pretzel Roll Peanut Butter & Jelly Fruit Parfait <i>Whole Grain Dinner Rolls</i>
	Extra Extra				
	<i>Dark Green Salad Baby Carrots Celery Sticks Chilled Pineapple Apple Slices Assorted Fresh Whole Fruit</i>	<i>Dark Green Salad Chilled Applesauce Green Onion Cucumber Coins Blueberries Assorted Fresh Whole Fruit</i>	<i>Dark Green Salad Coleslaw Fresh Tomatoes Sliced Mushrooms Sliced Strawberries Assorted Fresh Whole Fruit</i>	<i>Dark Green Salad Sliced Cantalope Baby Carrots Fresh Broccoli Seedless Grapes Assorted Fresh Whole Fruit</i>	<i>Dark Green Salad Sliced Apples Sliced Peppers Fresh Cauliflower Chilled Mandrin Oranges Assorted Fresh Whole Fruit</i>
	Lunch: \$2.55	Reduced: \$0.40	Second Entrée: \$1.75	Adult Lunch: \$3.50	

USDA is an equal opportunity employer and provider

HIGH: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

MIDDLE: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

Questions or Comments:

Elizabeth Ciaramella

810-648-5202 or eciaramella@sandusky.k12.mi.us



NAME OF SCHOOL: Sandusky Jr/Sr High School

	December 05	December 06	December 07	December 08	December 09
	Create				
	Chicken and Waffles <i>w/ Syrup</i>	Enchiladas <i>w/ Refried Beans and Salsa</i>	Ravioli <i>w/ Broccoli, Dinner Roll and Warm Apple Slices</i>	Blueberry Pancakes <i>w/ Scrambled Eggs, Hashbrown Carrots and Syrup</i>	Bosco's <i>w/ Green Beans, Sugar Snap Peas, and Marinara Sauce</i>
	2.Mato				
	Pepperoni Flatbread Cheese Pizza Pepperoni Pizza	Italian Sausage Pizza Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
	Grill'd				
	Quesadilla w/ Salsa Pretzel w/ Cheese Crispy Chicken Sandwich	Pepperoni Bosco w/ Sauce Bacon Cheeseburger Crispy Chicken Sandwich	Quesadilla w/ Salsa Pretzel w/ Cheese Crispy Chicken Sandwich	Chicken Wings Bacon Cheeseburger Crispy Chicken Sandwich	Fish and Cheese Sandwich Pretzel w/ Cheese Crispy Chicken Sandwich
	So Deli				
	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad
This Week Featuring Chicken Salad					
	On The Go				
	Buffalo Chicken Wrap Fruit Parfait Peanut Butter and Jelly Whole Grain Dinner Rolls	Chicken Caesar Wrap Southwest Peppercorn Salad Fruit Parfait Peanut Butter and Jelly Whole Grain Dinner Rolls	Spinach Salad w/ Bacon and Egg Peanut Butter and Jelly Whole Grain Dinner Rolls	Southwest Corn & Black Bean Wrap Hummus, Pita, Veggie Cup Peanut Butter and Jelly Whole Grain Dinner Rolls	Caribbean Salad Fruit Parfait Peanut Butter and Jelly Whole Grain Dinner Rolls
	Extra Extra				
	Dark Green Salad Baby Carrots Celery Sticks Chilled Pineapple Apple Slices Assorted Fresh Whole Fruit	Dark Green Salad Chilled Applesauce Green Onion Cucumber Coins Blueberries Assorted Fresh Whole Fruit	Dark Green Salad Coleslaw Fresh Tomatoes Sliced Mushrooms Sliced Strawberries Assorted Fresh Whole Fruit	Dark Green Salad Sliced Cantalope Baby Carrots Fresh Broccoli Seedless Grapes Assorted Fresh Whole Fruit	Dark Green Salad Sliced Apples Sliced Peppers Fresh Cauliflower Chilled Mandrin Oranges Assorted Fresh Whole Fruit
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	December 12	December 13	December 14	December 15	December 16
	Create				
	Sweet n Sour Chicken <i>w/ Brown Rice, Broccoli and a Fortune Cookie</i>	Nachos <i>w/ Refried Beans, Salsa, and Cheese Sauce</i>	Alfredo Chicken <i>w/ Broccoli and Dinner Roll</i>	Sloppy Joe <i>w/ Baked Beans, Sugar Snap Peas and Warm Apple Slices</i>	Chili Dogs <i>w/ Cheese Sauce and Corn</i>
	2. Mato				
	Bacon Cheeseburger Pizza Cheese Pizza Pepperoni Pizza	Buffalo Chicken Calzone Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Southwestern Chicken Flatbread Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
	Grill'd				
	Bacon Cheeseburger w/ Fries Corn Dog w/ Fries Crispy Chicken Sandwich	3 Piece Chicken Tender w/ Fries Crispy Chicken Club w/ Fries Crispy Chicken Sandwich	Bacon Cheeseburger w/ Fries Corn Dog w/ Fries Crispy Chicken Sandwich	3 Piece Chicken Tender w/ Fries Pretzel w/ Cheese Crispy Chicken Sandwich	Fish Sandwich w/ Tarter Sauce Corn Dog w/ Fries Crispy Chicken Sandwich
	So Deli				
	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad	Create Your Own Wrap or Salad
This Week Featuring Tuna Salad					
	On The Go				
	Hummus Cup w/ Veggies and Bread Fruit Parfait Peanut Butter and Jelly <i>Whole Grain Dinner Rolls</i>	Greek Salad w/ Chicken Fruit Parfait Peanut Butter and Jelly <i>Whole Grain Dinner Rolls</i>	Taco Salad Peanut Butter and Jelly <i>Whole Grain Dinner Rolls</i>	Asian Chicken Salad Peanut Butter and Jelly <i>Whole Grain Dinner Rolls</i>	Chicken Club Wrap Fruit Parfait Peanut Butter and Jelly <i>Whole Grain Dinner Rolls</i>
	Extra Extra				
	Dark Green Salad Baby Carrots Celery Sticks Chilled Pineapple Apple Slices Assorted Fresh Whole Fruit	Dark Green Salad Chilled Applesauce Green Onion Cucumber Coins Blueberries Assorted Fresh Whole Fruit	Dark Green Salad Coleslaw Fresh Tomatoes Sliced Mushrooms Sliced Strawberries Assorted Fresh Whole Fruit	Dark Green Salad Sliced Cantalope Baby Carrots Fresh Broccoli Seedless Grapes Assorted Fresh Whole Fruit	Dark Green Salad Sliced Apples Sliced Peppers Fresh Cauliflower Chilled Mandrin Oranges Assorted Fresh Whole Fruit
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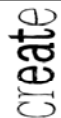
December 19

December 20

December 21

December 22

December 23



Chicken Nuggets
w/ Mixed Vegetables,
Dinner Roll and
Warm Apple Slices

Taco w/
Refried Beans, Cheese Sauce,
Salsa and Sour Cream

Bosco's
w/ Marinara Sauce
and Broccoli

No School- Winter Break

2.Mato



Meat Lovers
Cheese Pizza
Pepperoni Pizza

Italian Stromboli
Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Pepperoni Pizza

Grill'd



Quesadilla w/ Salsa
Cheeseburger w/ Fries
Chicken Sandwich w/ Fries

Quesadilla w/ Salsa
Cheeseburger w/ Fries
Chicken Sandwich w/ Fries

Chef's Choice

So Deli



Create Your Own Wrap
or Salad

Create Your Own Wrap
or Salad

Create Your Own Wrap
or Salad

On The Go



Turkey Chef Salad
Parfait
Peanut Butter and Jelly
Whole Grain Dinner Rolls

Hummus Cup
Fruit Parfait
Peanut Butter and Jelly
Whole Grain Dinner Rolls

Chef's Choice

Extra Extra



Dark Green Salad
Baby Carrots
Celery Sticks
Chilled Pineapple
Apple Slices
Assorted Fresh Whole Fruit

Dark Green Salad
Chilled Applesauce
Green Onion
Cucumber Coins
Blueberries
Assorted Fresh Whole Fruit

Dark Green Salad
Chilled Fruit
Assorted Fresh Vegetable
Assorted Whole Fruit

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